

Working with Spirit – Signs and Symbols

Write a definition for the following. There is no right or wrong answer...

Item	What it means to you!	What images do you see?
Anniversary		
Autism		
Being Shut In		
Blood Donation		
Brain Damage		
Bugs		
Butterfly		
Cancer		
Cats		
Cooking/Baking		
Cricket		
Dancing		
Dementia		
Dogs		
Dragonfly		

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Driving a Car

Engagement

Family

Farming

Frogs

Funeral

Gardening

Glasses

Graduation

Hearing Aid

Heart Attack

Home

Job Promotion

Knitting/Crocheting

Money

Moving

Need to Relax

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New Baby

Passion

Reading

Relationship Ending

Repairing a Car

Riding a Bike

Romantic Love

School

Serious Illness

Sewing

Silly/Funny Person

Someone Behaving Good

Someone Behaving Poorly

Too Serious

Travel

Vacation

Volunteering

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Walking Stick/Cane

Wedding

Writing

For every item I have listed here, there are 100 others. This is to get you started, this is your thing to do and build. The stronger this is the stronger your connection to Spirit will be. Mainly because you are connected to it by committing it in writing.