

# SPIRITUAL SUCCESS

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REFORMED SPIRITUALIST CHURCH

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# COLLEEN IRWIN

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- Colleen Irwin is a native of North Tonawanda, NY and now resides in Rochester NY
- She has many titles in her life that include: wife, mother, friend, counselor
- Prior to devoting her time to writing, teaching and public speaking she has held positions as a Corporate Trainer, Secretary, customer support representative, Information Systems consultant, and REALTOR.
- Colleen's recent book "Discovering Your Stream" is an auto-biographical reflection of her Spiritual Experience and guide for those struggling with their own.
- She is grateful to be serving Spirit as a medium, teacher, speaker and healer.



# THE BRIDGE DISCUSSION

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- Nothing happens by accident – there are no coincidences
- George and I were meant to come across three young people wanting to have a serious conversation
- First Question they asked was “What is Success?”
  - Which then lead to a greater discussion on Religion and God.
  - They were Protestant and asking genuine questions about beliefs
  - They were open to having a dialogue, we are pretty sure they had a lot to think about after our conversation
- Our conversation that day on the Bridge that connected Kentucky and Indiana gave us a time to understand that everyone is striving for Spiritual Success
- What I have learned is that it is not a destination, but a journey

# DEFINITIONS

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## SUCCESS

noun

- the accomplishment of an aim or purpose.
- the attainment of popularity or profit.
- a person or thing that achieves desired aims or attains prosperity.

## SPIRITUAL

adjective

- relating to or affecting the human spirit or soul as opposed to material or physical things.
- relating to religion or religious belief.



# SPIRITUAL SUCCESS

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- Although wealth can be a part of success, it is not necessarily linked.
- Success can be described as a feeling of self-fulfillment through the achievement of various personal or professional goals.
- There are 241,000,000 results when you enter this term into Google
- **Spiritual success** is about who we are.
  - Our character, faith and integrity.
  - The qualities of **success** like discipline, honesty, loyalty, and love.

SUCCESS

IT IS NOT  
JUST  
HARD WORK

- We may have struggled for years and even reached some of our goals but wound up feeling exhausted, our lives out of balance.
- Our Spirituality is something that is unique to us and comparison to others is not productive
- Success is whatever you make it mean.
  - We need to stop judging one another based on our definition of success.
  - Too often we forget that we all are on different journeys and it is the pursuit not the end result that is important.
  - Sometimes that judgement comes from ourselves.
- In the natural world, creation comes forth with ease.
  - A seed doesn't struggle to become a tree—it simply unfolds in grace.

# FIRST ANSWER – WHAT IS MY PASSION

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- If you are struggling with your own Spirituality and where you are, I want you to stop struggling.
- When you focus on what you are here to give, your life becomes a joyful expression of love, and success automatically follows.
- Spiritual success is not about what we do or the possessions we accumulate.
- It is about being ourselves and following our passions and growing.
- Here are the things you need to focus on to do just that:



# BE STILL

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- Have you ever experienced when you are calm and positive that things seem to flow in your life, but when you are stressed, anxious and straining, you bump the car, lose your keys, or forget that important phone call.
- Everything escalates into problems when your peace of mind has deserted you.
- By trying to be more objective and not take things so personally you can eliminate drama and karma from your life.





# GENEROSITY AND KINDNESS

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- Dynamic exchange is at the core of all life.
  - Nothing in life is static, energy is always flowing.
  - When you enter into a dynamic interaction and exchange with all of life, you set up a flow of energy.
  - Just as the energy in your body needs to flow, so does the energy in your life.
- Kindness is the greatest form of being devoted to the happiness of others.
  - Nothing is more rewarding for the soul than being a giving person.
  - Sometimes you have to give away what you have in order to keep it!
- If you view money and positivity as something to hold on to with clenched fists, you will never have any capacity for generosity.



# ALWAYS BE GRATEFUL AND RESPECT OTHERS

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- When you gratefully receive gifts and give to others, you keep wealth circulating by giving and receiving care, affection, appreciation and love.
- Choosing actions that bring happiness and success to others ensures the flow of happiness and success to you.
- The way we treat others is a direct reflection of the way we view ourselves.
- A person with a deep sense of spirituality learns to respect and value their highest self; therefore, they take better care of themselves and others as well.



# BE FOCUSED

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- In order for anything to grow we have to give it our time and attention.
- This means we must have patience for our efforts to turn into results.
- If you are feeling stuck in an area of your life, **GET MOVING** and take action.
  - If you aren't happy with a situation in your life then **DO SOMETHING** about it.
- Remember that your thoughts, words, and actions, when aligned, will produce unimaginable success in your life.
  - This applies to: Spiritual, Relationships, Business



*The first requirement in  
taking a step in the  
right direction is to  
take a step  
in some direction.*

*~Robert Brault*

*[www.TalkwithColleen.com](http://www.TalkwithColleen.com)*

# BELIEVE IN YOURSELF

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- If you are negative and self-conscious, constantly believing that you are not worthy of these blessings, you block the flow of positive energy into your life.
- In essence we are all consciousness. No living thing on earth is without consciousness.
- When we access the unbounded nature of our essence, our potential is limitless.
  - So often in life we become locked into doing, into striving and running around being busy, we forget our true nature and become limited.





# OWN YOUR FAILURES

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- Babe Ruth was homerun king and strike out leader at the same time.
- Thomas Edison designed over 500 light bulbs before he got one to work.
- Henry Ford forgot to put a reverse in the first car he built.
- William Jennings Bryant invited the land-locked country of Switzerland to a naval convention.



# DETACHMENT

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- Detachment is not about being cold-hearted, desireless or uncaring.
- It is about being open-minded, surrendered and anchored in trust for the wisdom of life.
- It stems from a deep security, freedom and understanding that all is in divine order and an unquestioning belief in the unfolding of good in your life and the good in yourself.





## USE THE POWER OF INTENTION

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- Some people's gifts reside on a more abstract level like 'insight' or an ability to build strategies.
- Write down your own talents and gifts and set about using them.
- Remember what you focus on -- manifests

# WAYS TO CREATE YOUR SPIRITUAL SUCCESS STORY

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- Strengthening your connection with your Source/Universe/God.
- Taking ownership and being responsible for what you think, what you say, and what you do is crucial to truly being successful.
- Understanding that your purpose is who you are, not what you do.
- Commit to realizing, redefining, and realigning your vision.
- When you know who you are, you can be who you are.
  - And when you can be who you are, without fear, then anything and everything is possible.



# SPIRITUAL SUCCESS

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- It is an objective, not an object to be acquired
- Decide on your own what meaning you want to give to these words.
  - whether you want to simply achieve your life goals
  - or reach the state of self-completion and fulfillment we all crave for.
- There are several paths to reach a destination, whether easy or hard, the only road you need to travel is the one that will make the trip and your arrival worth the journey.
- Just like there are 241,000,000 results in Google there are so many ways to define your success when it comes to your Spirituality.